

## Thanksgiving Shopping List

### Produce:

- potatoes (2 pounds, red or Yukon Gold)
- garlic (4 cloves)
- broccoli (2 large heads)
- onion
- celery (1 stalk)
- apples (3, Honey Crisp or other)

### Center aisles:

- broth (2¼ cups, chicken or vegetable)
- raisins (1 cup)
- walnuts (¼ cup chopped)
- oats (½ cup, old fashioned)
- whole wheat flour (¼ cup)
- brown rice (2 cups)
- brown sugar (3 tablespoons)

### Dairy:

- nonfat, plain Greek yogurt (½ cup)

### From your pantry:

- oil (olive, canola, or vegetable)
- butter (3 tablespoons)
- salt & pepper
- dried sage (2 teaspoons)
- cinnamon (1 teaspoon)