

Husky Nutrition

Impact FY 2020



Our Mission

Husky Nutrition Programs engage Connecticut residents in highest need in food, nutrition, and physical activity programming, policy development, and research.

Our Impact



1,072,246

Overall Program Reach online & in-person



577

In-Person Education Sessions

30

Virtual Education Programs



3,365

Individuals attended in-person education sessions



1,061,763

Online Interactions



165

CT Towns & Cities Reached Online



2,175

eNewsletter Subscribers

Our Work

Husky Reads



Nutrition & literacy program for preschoolers led by UConn students.

Little City Sprouts



Gardening program for children in partnership with Hartford Food System.

Husky Nutrition On-the-Go



Nutrition education on sugar sweetened beverages for parents.

Husky Smart Shopping



Community-based program teaching participants how to make healthy and economical choices at grocery stores and farmers markets.

SNAP4CT.org



An online platform featuring easy recipes, information on CT farmers markets, healthy living tips, videos, and more.