

Checklist	Learning Components & Talking Points	Observation Notes
✓ =Complete, P=Partial, X=not observed		
Introduction		
	Review of previous lesson	
	Display MyPlate poster and review the food groups	
	Ask children to name a food that belongs in each food group	
	Discuss the importance of eating foods from all different food groups (ex. protein for muscles, grains for energy, dairy for strong teeth and bones, and fruits and vegetables for vitamins)	
	Ask children if they like to try new foods,	
	Emphasize that if we do not try new foods, we will never know if we like them or not	
	Explain: “no thank you bites”—to try at least one bite of a new food, after trying it is OK to say no thank you if you do not like it	
Book: <i>Night of the Veggie Monster</i> or <i>Monsters Don't Eat Broccoli</i>		
	Identify foods and the food groups to which they belong as they appear	
	Educators actively engage children in book	
	Educators use the Book Guide provided to ask children lesson reinforcing questions	
	Conclude by connecting story and lesson objectives	
Activity: Food Circle Game		
	Have children identify food and the food group to which it belongs	
	Ask children if they have tried the foods named	
	Educators actively engage children in game	
Snack: Vegetables with dip		
	Have children pick up each vegetable and try together on the count of three	
	Children appropriately encouraged to try	
	Educators act as role model to try the food	
	Repeat key messages before leaving class	
Other comments:		

Husky Reads Lesson 10: Classroom Teacher Feedback Survey

Dear Classroom teacher:

In hopes of providing the strongest nutrition education and literacy development program to your students, the Husky Reads program would like to hear from our partnering teachers on their perspectives! Please circle one response per question. We would like to know what you thought about today's Husky Reads lesson, Taste Explorers.

Do you think the:	Please circle your response:				
1) children enjoyed the lesson	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
2) lesson was age appropriate	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion

Do you think the Husky Reads Series of lessons helped increase children's:	Please circle your response:				
3) recognition of MyPlate	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
4) awareness that MyPlate reminds us what to eat to be healthy	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
5) awareness of food groups	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
6) awareness that foods come in different colors	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
7) ability to name healthy foods	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
8) willingness to try new foods	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
9) willingness to try vegetables	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion

Please use this space to include any other comments you would like to share with the Husky Reads team about your students experience with our program: