

Checklist	Learning Components & Talking Points	Observation Notes
✓ =Complete, P=Partial, X=not observed		
Introduction		
	Review of previous lesson	
	Display MyPlate poster and ask children if they remember seeing it last week	
	Ask children if they know the names of each of the food groups	
	Identify each food group by name and color	
	Prompt children to repeat the names of the food groups	
	Explain it's important to eat food from each food group and exercise every day to grow healthy and strong	
	Ask which fruits and vegetables children like to eat and the color of those foods	
	Explain eating different colored fruits and vegetables provides our bodies with vitamins and nutrients needed to stay healthy and strong	
Book: 10 Hungry Rabbits, Color Crunch, or Rainbow Stew		
	Name the fruits and vegetables as they appear healthy foods / activities as they appear	
	Highlight the colors of the fruits and vegetables	
	Educators actively engage children in book	
	Educators use the Book Guide provided to ask children lesson reinforcing questions	
	Conclude by connecting story and lesson objectives	
Activity: Fruit & Veggie Rainbow		
	Explain fruits and vegetables come in many different shapes, sizes and colors	
	Eating foods of different colors is good for our bodies	
	Have children name the fruit / vegetable they have	
	Have children name the colors of their fruit / vegetable	
	Educators actively engage children in game	
	Do rainbow stretches	
Snack: Pepper Strips		
	Have children pick up pepper strip and try together on the count of three	
	Children appropriately encouraged to try	
	Educators act as role model to try the food	
	Discuss where and how peppers grow, different colors, and taste	
	Repeat key messages before leaving class	
Other comments:		

Husky Reads Lesson 9: Classroom Teacher Feedback Survey

Dear Classroom teacher:

In hopes of providing the strongest nutrition education and literacy development program to your students, the Husky Reads program would like to hear from our partnering teachers on their perspectives! Please circle one response per question. We would like to know what you thought about today's Husky Reads lesson, "Taste a Rainbow of Color."

Do you think the:	Please circle your response:				
1) children enjoyed the lesson	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
2) lesson was age appropriate	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion

Do you think the lesson helped increase children's:	Please circle your response:				
3) recognition of MyPlate	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
4) awareness that MyPlate reminds us what to eat to be healthy	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
5) awareness that fruits come in different colors	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
6) awareness that vegetables come in different colors	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
7) ability to name fruits and vegetables	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
8) willingness to try foods of a variety of colors	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
9) willingness to try new foods	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion

Please use this space to include any other comments you would like to share with the Husky Reads team about your students experience with our program: