

Checklist	Learning Components & Talking Points	Observation Notes
✓ =Complete, P=Partial, X=not observed		
Introduction		
	Review of previous lesson	
	Display MyPlate poster and ask children if they remember seeing it last week	
	Ask children if they know the names of each of the food groups	
	Identify each food group by name and color	
	Prompt children to repeat the names of the food groups	
	Explain it's important to eat different foods from all the food groups every day to grow healthy and strong	
	Discuss the 3 main meals	
	Ask children to describe their favorite meal	
	Ask each child to name a food they like from one of the food groups	
	Explain that healthy snacks and meals are created by combining different food groups	
Book: <i>Jack & the Hungry Giant</i> or <i>Badger's Fancy Meal</i> or <i>Shante Keys and the New Years Peas</i>		
	Name healthy foods / activities as they appear	
	Educators actively engage children in book	
	Educators use the Book Guide provided to ask children lesson reinforcing questions	
	Conclude by connecting story and lesson objectives	
Activity: Reinforce Food Groups		
	Name the foods in the game	
	Identify which food group each food belongs to	
	Educators actively engage children in game	
Snack: Mini Whole Wheat Bagels and Cream Cheese		
	Identify bagels and cream cheese as one of the healthy snack combinations – grain group & dairy group	
	Have children pick up bagel and try together on the count of three	
	Children appropriately encouraged to try	
	Educators act as role model to try the food	
Review		
	Repeat key messages before leaving class	
Other comments:		

Husky Reads Lesson 8: Classroom Teacher Feedback Survey

Dear Classroom teacher:

In hopes of providing the strongest nutrition education and literacy development program to your students, the Husky Reads program would like to hear from our partnering teachers on their perspectives! Please circle one response per question.

We would like to know what you thought about today's Husky Reads lesson, "Make MyPlate Healthy!"

Do you think the:	Please circle your response:				
1) children enjoyed the lesson	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
2) lesson was age appropriate	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion

Do you think the lesson helped increase children's:	Please circle your response:				
3) recognition of MyPlate	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
4) awareness that MyPlate reminds us what to eat to be healthy	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
5) awareness of five food groups	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
6) ability to name food(s) from each food group	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
7) willingness to try foods of a variety of colors	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion

Please use this space to include any other comments you would like to share with the Husky Reads team about your students experience with our program: