

Checklist	Learning Components & Talking Points	Observation Notes
✓ =Complete, P=Partial, X=not observed		
MyPlate Review		
	Review of previous lesson	
	Display MyPlate poster and ask children if they remember seeing it last week	
	Ask children if they know the names of each of the food groups	
	Identify each food group by name and color	
	Prompt children to repeat the names of the food groups	
	Explain it's important to eat food from each food group and exercise every day to stay healthy and strong	
Introduction		
	Point out the green section = vegetable group	
	Repeat Vegetable	
	Vegetable begins with V	
	Discuss vegetables on poster: name, color, shape, size, taste	
	Ask which vegetables students like to eat & when	
	Vegetables are a great as a (healthy) snack	
	Emphasize vegetables have vitamins/minerals – eating them is very important for staying healthy	
Book: Carrot Soup, Creepy Carrots, or 10 Bunnies		
	Name the vegetables and their colors when they appear	
	Educators actively engage children in book	
	Educators use the Book Guide provided to ask children lesson reinforcing questions	
	Conclude by connecting story and lesson objectives	
Activity: Hop to Health		
	Prompt children about the kinds of foods rabbits eat and to “eat like bunnies to grow healthy and strong”	
	Introduce sometimes foods	
	Vegetable named when holding up the card	
	Educators actively engage children in game	
Tasting: Baby Carrots		
	Show children fresh carrots w/greens, explain how carrots grow; same as the carrots they will be trying, just washed & cut	
	Have children pick up a carrot and try on the count of three	
	Educators act as role model to try the food	
Review		
	Repeat key messages before leaving class	
Other comments:		

Husky Reads Lesson: Classroom Teacher Feedback Survey

Dear Classroom teacher:

In hopes of providing the strongest nutrition education and literacy development program to your students, the Husky Reads program would like to hear from our partnering teachers on their perspectives! Please circle one response per question.

We would like to know what you thought about today's Husky Reads lesson, "Various Vegetables!"

Do you think the:	Please circle your response:				
1) children enjoyed the lesson	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
2) lesson was age appropriate	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion

Do you think the lesson helped increase children's:	Please circle your response:				
3) recognition of MyPlate	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
4) awareness that MyPlate reminds us what to eat to be healthy	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
5) awareness of <u>vegetables</u> as a food group	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
6) awareness that <u>vegetables</u> come in different colors	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
7) ability to name <u>vegetables</u>	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
8) willingness to try new foods	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion

Please use this space to include any other comments you would like to share with the Husky Reads team about your students experience with our program:

Site:

Class:

Date: