

| Checklist | Learning Components & Talking Points | Observation Notes |
|--|---|-------------------|
| ✓ =Complete, P=Partial, X=not observed | | |
| MyPlate Review | | |
| | Review of previous lesson | |
| | Ask children what they see on the MyPlate poster (MyPlate, plate, glass, fork, food groups, what to eat) | |
| | Ask children if they know the names of each of the food groups | |
| | Identify each food group by name and color | |
| | Prompt children to repeat the names of the food groups | |
| | Explain it's important to eat food from each food group and exercise every day to stay healthy and strong | |
| Introduction | | |
| | Point out the red section = fruit group | |
| | Repeat Fruit | |
| | Fruit begins with F | |
| | Discuss fruits on fruit poster: name, color, shape, size, taste | |
| | Ask which fruits students like to eat & when | |
| | Fruits are great as a (healthy) snack | |
| | Emphasize fruits have vitamins/minerals – eating them is very important for staying healthy | |
| Book: <i>Ned's New Home</i> or <i>The Very Hungry Caterpillar</i> | | |
| | Name the fruit and their colors when they appear | |
| | Educators actively engage children in book | |
| | Educators use the Book Guide provided to ask children lesson reinforcing questions | |
| | Conclude by connecting story and lesson objectives | |
| Activity: Fruit Memory Game | | |
| | Children name the fruit on the card | |
| | Children name the color of the fruit being matched | |
| | Educators actively engage children in game | |
| Tasting: Clementine | | |
| | Children appropriately encouraged to try | |
| | Educators act as role model to try the food | |
| Review | | |
| | Reinforce key messages before leaving class | |
| Other comments: | | |

Husky Reads Lesson: Classroom Teacher Feedback Survey

Dear Classroom teacher:

In hopes of providing the strongest nutrition education and literacy development program to your students, the Husky Reads program would like to hear from our partnering teachers on their perspectives! Please circle one response per question.

We would like to know what you thought about today's Husky Reads lesson, "Fruit for ALL!"

| Do you think the: | Please circle your response: | | | | |
|--------------------------------|-------------------------------------|-------|----------|----------------------|---------------|
| 1) children enjoyed the lesson | Strongly Agree | Agree | Disagree | Strongly Disagree | No opinion |
| 2) lesson was age appropriate | Strongly Agree | Agree | Disagree | Strongly Disagree | No opinion |

| Do you think the lesson helped increase children's: | Please circle your response: | | | | |
|--|-------------------------------------|-------|----------|----------------------|---------------|
| 3) recognition of MyPlate | Strongly Agree | Agree | Disagree | Strongly Disagree | No opinion |
| 4) awareness that MyPlate reminds us what to eat to be healthy | Strongly Agree | Agree | Disagree | Strongly Disagree | No opinion |
| 5) awareness of <u>fruits</u> as a food group | Strongly Agree | Agree | Disagree | Strongly Disagree | No opinion |
| 6) awareness that <u>fruits</u> come in different colors | Strongly Agree | Agree | Disagree | Strongly Disagree | No opinion |
| 7) ability to name <u>fruits</u> | Strongly Agree | Agree | Disagree | Strongly Disagree | No opinion |
| 8) willingness to try new foods | Strongly Agree | Agree | Disagree | Strongly Disagree | No opinion |

Please use this space to include any other comments you would like to share with the Husky Reads team about your students experience with our program:

Site:

Class:

Date: