

Checklist	Learning Components & Talking Points	Observation Notes
✓ =Complete, P=Partial, X=not observed		
<b>Introduction</b>		
	Review of previous lesson	
	Ask children what they see on the MyPlate poster (MyPlate, plate, glass, fork, food groups, what to eat)	
	Prompt children to say "MyPlate"	
	Identify each food group by name and color	
	Prompt children to repeat names of the <u>food groups</u>	
	Identify foods within each food group	
	Have children repeat the names of the foods	
	Explain that MyPlate reminds us what foods to eat to stay healthy	
	Explain it's important to eat food from each food group every day to stay healthy and strong	
	Identify the healthy activities displayed on the poster	
	Remind children that being active is also important to stay healthy and strong	
	Ask children to model the activities the foods are doing	
<b>Book: <i>Lunch at the Zoo, The Beastly Feast, or Mouse Mess</i></b>		
	Name healthy foods / activities as they appear	
	Educators actively engage children in book	
	Educators use the Book Guide provided to ask children lesson reinforcing questions	
	Conclude by connecting story and lesson objectives	
<b>Activity: Whose Clues? It's Food's Clues!</b>		
	Read "clues" while partner points to food group on MyPlate poster	
	Show "clues" picture of food when guessed correctly	
	Point to the "clues" food on the MyPlate poster and say food group	
	Educators actively engage children in game	
<b>Tasting: Pineapple Tidbits</b>		
	Show children a fresh, uncut pineapple, explain this is where pineapple from a can comes from	
	Have children pick up a spoonful of pineapple and try together on count of three	
	Children appropriately encouraged to try	
	Educators act as role model to try the food	
<b>Review</b>		
	Repeat key messages before leaving class	
Other comments:		

## Husky Reads Lesson: Classroom Teacher Feedback Survey

Dear Classroom teacher:

In hopes of providing the strongest nutrition education and literacy development program to your students, the Husky Reads program would like to hear from our partnering teachers on their perspectives! Please circle one response per question.

We would like to know what you thought about today's Husky Reads lesson, "Filling MyPlate with Healthy Choices."

Do you think the:	Please circle your response:				
1) children enjoyed the lesson	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
2) lesson was age appropriate	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion

Do you think the lesson helped increase children's:	Please circle your response:				
3) recognition of MyPlate	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
4) awareness that MyPlate reminds us what to eat to be healthy	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
5) awareness of food groups	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
6) ability to name healthy <u>foods</u>	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
7) ability to name healthy <u>activities</u>	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion
8) willingness to try new foods	Strongly Agree	Agree	Disagree	Strongly Disagree	No opinion

Please use this space to include any other comments you would like to share with the Husky Reads team about your students experience with our program:

Site:

Class:

Date: